

LAC-deel-1 Niemo Barracuda
Nieuwerkerk aan den IJssel, 29-1-2026

Programmanr. 1 50m vrije slag 1 - 9 jaar
29-1-2026 - 18:00 Resultaten

rang	naam	vereniging	intijd	tijd	RT
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1 - 9 jaar, Jongens

1.	Lars Brokans	Niemo Barracuda	NT	201900057	1:11.94
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1 - 9 jaar, Meisjes

1.	Tess den Besten	Niemo Barracuda	NT	201601956	54.89
2.	Lizzy Kamps	Niemo Barracuda	NT	201701026	1:00.43
3.	Bouwe Liu	Niemo Barracuda	NT	201800496	1:01.98
4.	Fee Fee Wang	Niemo Barracuda	NT	201601958	1:04.84
5.	Jane Berkhof	Niemo Barracuda	NT	201800492	1:07.54
6.	Lexi Klad	Niemo Barracuda	NT	201701028	1:07.92
7.	Marissa Ruseler	Niemo Barracuda	NT	201800494	1:21.29

AD - Voortgetrokken aan de lijn

Programmanr. 2 200m vrije slag 1 - 9 jaar
29-1-2026 - 18:05 Resultaten

rang	naam	vereniging	intijd	tijd	RT
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1 - 9 jaar, Jongens

AFGEM	Nils Brokans	Niemo Barracuda	NT	201600819	
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1 - 9 jaar, Meisjes

1.	Mia Artemenko	Niemo Barracuda	3:35.00	201600042	3:06.12	
	50m: 41.37	41.37	100m: 1:28.62	47.25	200m: 3:06.12	1:37.50
2.	Marlize Brenkman	Niemo Barracuda	3:39.82	201700038	3:34.28	
	50m: 47.28	47.28	100m: 1:41.91	54.63	200m: 3:34.28	1:52.37
3.	Jingu Ge	Niemo Barracuda	NT	201601362	4:19.64	
	50m: 54.24	54.24	100m: 2:04.68	1:10.44	200m: 4:19.64	2:14.96
4.	Romee Vermeegen	Niemo Barracuda	NT	201700662	4:28.40	
	50m: 54.90	54.90	100m: 2:04.28	1:09.38	200m: 4:28.40	2:24.12
5.	Nova Wang	Niemo Barracuda	NT	201701030	4:52.54	
	50m: 59.86	59.86	100m: 2:17.01	1:17.15	200m: 4:52.54	2:35.53

Programmanr. 3 200m vrije slag 10 - 11 jaar
29-1-2026 - 18:15 Resultaten

rang	naam	vereniging	intijd	tijd	RT
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10 - 11 jaar, Jongens

1.	Serrano Peroti	Niemo Barracuda	NT	201402689	4:22.73	
	50m: 51.98	51.98	100m: 2:01.54	1:09.56	200m: 4:22.73	2:21.19
2.	Zicong Ge	Niemo Barracuda	NT	201501449	4:23.17	
	50m: 55.17	55.17	100m: 2:03.98	1:08.81	200m: 4:23.17	2:19.19
3.	Sean de la Ruelle	Niemo Barracuda	NT	201402141	4:32.25	
	50m: 56.78	56.78	100m: 2:09.00	1:12.22	200m: 4:32.25	2:23.25

AFGEM	Arsalan Heidarloo	Niemo Barracuda	3:55.78	201401327	
AFGEM	Matthew Wang	Niemo Barracuda	NT	201402161	

10 - 11 jaar, Meisjes

1.	Sophie Al-Jabur	Niemo Barracuda	3:50.00	201501908	3:27.98	
	50m: 43.38	43.38	100m: 1:36.47	53.09	200m: 3:27.98	1:51.51
2.	Gina Fang	Niemo Barracuda	NT	201402804	4:44.15	
	50m: 58.62	58.62	100m: 2:12.07	1:13.45	200m: 4:44.15	2:32.08
3.	Nohea Chirino	Niemo Barracuda	NT	201502058	4:47.46	
	50m: 52.65	52.65	100m: 2:17.84	1:25.19	200m: 4:47.46	2:29.62

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Nieuwerkerk aan den IJssel, 29-1-2026

Programmanr. 3, Meisjes, 200m vrije slag, 10 - 11 jaar

rang	naam	vereniging	intijd	tijd	RT
4.	Sienna Zaal	Niemo Barracuda	NT 201403434	5:19.85	
	50m: 1:05.96	1:05.96 100m: 2:32.63	1:26.67 200m: 5:19.85	2:47.22	
AFGEM	Claudine Tan	Niemo Barracuda	NT 201501760		

Programmanr. 4 400m vrije slag 10 - 11 jaar
29-1-2026 - 18:25 Resultaten

rang	naam	vereniging	intijd	tijd	RT
10 - 11 jaar, Jongens					
1.	Ilan Sinai Zitman	Niemo Barracuda	6:35.65 201500971	6:19.75	
	50m: 40.34	40.34 100m: 1:28.27	47.93 200m: 3:07.05	1:38.78 400m: 6:19.75	3:12.70
2.	Jayden Liu	Niemo Barracuda	6:30.48 201501001	6:31.09	
	50m: 42.87	42.87 100m: 1:29.28	46.41 200m: 3:11.46	1:42.18 400m: 6:31.09	3:19.63
3.	Florian Brenkman	Niemo Barracuda	7:04.98 201401329	6:43.79	
	50m: 42.61	42.61 100m: 1:31.43	48.82 200m: 3:14.49	1:43.06 400m: 6:43.79	3:29.30
4.	Brett Berkhof	Niemo Barracuda	7:32.00 201401647	7:22.60	
	50m: 48.42	48.42 100m: 1:41.14	52.72 200m: 3:35.01	1:53.87 400m: 7:22.60	3:47.59
DIS	Quinn Walter	Niemo Barracuda	7:56.54 201400295	7:26.28	
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>				
	50m: 45.49	45.49 100m: 1:41.13	55.64 200m: 3:36.38	1:55.25 400m: 7:26.28	3:49.90

10 - 11 jaar, Meisjes

1.	Lenthe Stibbe	Niemo Barracuda	6:25.89 201500226	6:09.37	
	50m: 40.53	40.53 100m: 1:27.23	46.70 200m: 3:02.53	1:35.30 400m: 6:09.37	3:06.84
2.	Ilse Hensen	Niemo Barracuda	7:45.25 201400490	7:17.77	
	50m: 46.88	46.88 100m: 1:40.84	53.96 200m: 3:34.78	1:53.94 400m: 7:17.77	3:42.99

Programmanr. 5 400m vrije slag 12 jaar en ouder
29-1-2026 - 18:40 Resultaten

rang	naam	vereniging	intijd	tijd	RT
Senioren Open, Heren					
1.	Tim Barendrecht	Niemo Barracuda	6:01.11 201100651	6:13.06	
	50m: 42.97	42.97 100m: 1:29.46	46.49 200m: 3:05.49	1:36.03 400m: 6:13.06	3:07.57
2.	Jayden van Tongeren	Niemo Barracuda	NT 201203233	7:05.13	
	50m: 45.63	45.63 100m: 1:35.56	49.93 200m: 3:22.09	1:46.53 400m: 7:05.13	3:43.04
DIS	Noah Endenburg	Niemo Barracuda	NT 201301261	8:50.93	
	<i>VRA - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.</i>				
	50m: 53.36	53.36 100m: 1:55.69	1:02.33 200m: 4:12.93	2:17.24 400m: 8:50.93	4:38.00

Senioren Open, Dames

1.	Emily D.	Niemo Barracuda	NT 200901380	7:40.19	
	50m: 48.77	48.77 100m: 1:43.20	54.43 200m: 3:40.46	1:57.26 400m: 7:40.19	3:59.73
2.	Lydia D.	Niemo Barracuda	NT 200901382	7:55.16	
	50m: 45.30	45.30 100m: 1:39.49	54.19 200m: 3:41.28	2:01.79 400m: 7:55.16	4:13.88

LAC-deel-1 Niemo Barracuda
Nieuwerkerk aan den IJssel, 29-1-2026

Programmanr. 6
29-1-2026 - 18:50

800m vrije slag

12 jaar en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Senioren Open, Heren					
1.	Eli Shields	Niemo Barracuda	9:34.95	201000407	9:06.70
	50m: 31.57	31.57 200m: 2:15.88	1:09.51	800m: 9:06.70	4:31.50
	100m: 1:06.37	34.80 400m: 4:35.20	2:19.32		
2.	Mark Hensen	Niemo Barracuda	9:35.27	197900497	9:41.71
	50m: 32.31	32.31 200m: 2:21.52	1:12.75	800m: 9:41.71	4:53.01
	100m: 1:08.77	36.46 400m: 4:48.70	2:27.18		
3.	Mitchell van Dijk	Niemo Barracuda	10:24.82	200800577	10:04.81
	50m: 32.80	32.80 200m: 2:26.84	1:17.34	800m: 10:04.81	5:01.53
	100m: 1:09.50	36.70 400m: 5:03.28	2:36.44		
4.	Thijs Bijman	Niemo Barracuda	9:53.37	200901111	10:08.22
	50m: 34.14	34.14 200m: 2:25.46	1:14.89	800m: 10:08.22	5:07.96
	100m: 1:10.57	36.43 400m: 5:00.26	2:34.80		
5.	Dennis Dortland	Niemo Barracuda	9:51.92	197800261	10:16.19
	50m: 32.95	32.95 200m: 2:28.17	1:17.32	800m: 10:16.19	5:12.38
	100m: 1:10.85	37.90 400m: 5:03.81	2:35.64		
6.	Joep Lindhout	Niemo Barracuda	10:16.87	201100873	10:25.91
	50m: 32.96	32.96 200m: 2:25.47	1:15.75	800m: 10:25.91	5:22.63
	100m: 1:09.72	36.76 400m: 5:03.28	2:37.81		
7.	Emiel van Beusekom	Niemo Barracuda	10:00.00	199403951	10:32.88
	50m: 31.98	31.98 200m: 2:25.48	1:17.33	800m: 10:32.88	5:25.13
	100m: 1:08.15	36.17 400m: 5:07.75	2:42.27		
8.	Pascal van Haren	Niemo Barracuda	10:03.51	198704101	10:39.52
	50m: 32.69	32.69 200m: 2:25.96	1:16.83	800m: 10:39.52	5:32.76
	100m: 1:09.13	36.44 400m: 5:06.76	2:40.80		
9.	Lars Barendrecht	Niemo Barracuda	10:22.72	200800587	10:52.50
	50m: 34.38	34.38 200m: 2:32.00	1:18.68	800m: 10:52.50	5:32.32
	100m: 1:13.32	38.94 400m: 5:20.18	2:48.18		
10.	Thijs Visser	Niemo Barracuda	10:19.84	200502129	10:52.70
	50m: 31.99	31.99 200m: 2:28.51	1:19.63	800m: 10:52.70	5:32.94
	100m: 1:08.88	36.89 400m: 5:19.76	2:51.25		
11.	Reinier Velthuijs	Niemo Barracuda	10:32.07	200503537	10:55.54
	50m: 34.85	34.85 200m: 2:30.02	1:17.78	800m: 10:55.54	5:42.11
	100m: 1:12.24	37.39 400m: 5:13.43	2:43.41		
12.	Isai Shields	Niemo Barracuda	NT	201300031	11:11.07
	50m: 37.26	37.26 250m:	450m:	650m:	
	100m: 1:19.81	42.55 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 2:48.49	400m: 5:43.88	600m:	800m: 11:11.07	
13.	Robin van Beusekom	Niemo Barracuda	11:03.54	199205841	11:30.18
	50m: 33.65	33.65 200m: 2:30.08	1:18.72	800m: 11:30.18	6:09.93
	100m: 1:11.36	37.71 400m: 5:20.25	2:50.17		
14.	Jaysley Brouwn	Niemo Barracuda	11:55.03	201101033	11:54.27
	50m: 39.19	39.19 200m: 2:51.21	1:28.96	800m: 11:54.27	5:59.00
	100m: 1:22.25	43.06 400m: 5:55.27	3:04.06		
15.	Mark Slagmolen	Niemo Barracuda	11:20.33	199302277	12:10.50
	50m: 35.40	35.40 200m: 2:42.74	1:26.41	800m: 12:10.50	6:23.77
	100m: 1:16.33	40.93 400m: 5:46.73	3:03.99		
16.	Luuk Bijman	Niemo Barracuda	12:30.20	201200201	12:15.15
	50m: 41.60	41.60 200m: 2:59.84	1:32.67	800m: 12:15.15	6:08.38
	100m: 1:27.17	45.57 400m: 6:06.77	3:06.93		
17.	David Noordwijk	Niemo Barracuda	13:50.00	201201253	12:42.07
	50m: 43.41	43.41 200m: 3:05.50	1:35.37	800m: 12:42.07	6:24.00
	100m: 1:30.13	46.72 400m: 6:18.07	3:12.57		
18.	Leo Wang	Niemo Barracuda	14:25.63	201201565	13:33.49
	50m: 42.92	42.92 200m: 3:15.73	1:43.81	800m: 13:33.49	6:46.00
	100m: 1:31.92	49.00 400m: 6:47.49	3:31.76		
19.	Jesse Walter	Niemo Barracuda	14:24.28	201200525	13:35.72
	50m: 41.97	41.97 250m:	450m:	650m:	
	100m: 1:29.03	47.06 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 3:10.94	400m: 6:43.17	600m:	800m: 13:35.72	

LAC-deel-1 Niemo Barracuda
Nieuwerkerk aan den IJssel, 29-1-2026

Programmanr. 6, 800m vrije slag

Senioren Open, Dames

1. Anouchka Bos	Niemo Barracuda	9:36.31	200501528	9:53.93
50m: 33.75	33.75 200m: 2:23.22	1:13.61	800m: 9:53.93	5:01.80
100m: 1:09.61	35.86 400m: 4:52.13	2:28.91		
2. Marijke Kommers	Niemo Barracuda	10:29.77	199305334	10:33.78
50m: 34.39	34.39 250m: 45.0m: 65.0m:			
100m: 1:12.59	38.20 300m: 500m: 700m:			
150m: 2:31.90	350m: 550m: 750m:			
200m: 2:31.90	400m: 5:11.88	600m: 600m: 800m: 10:33.78		
3. Demi Bos	Niemo Barracuda	11:17.14	201001282	10:39.45
50m: 34.64	34.64 200m: 2:29.95	1:18.10	800m: 10:39.45	5:29.49
100m: 1:11.85	37.21 400m: 5:09.96	2:40.01		
4. Rosalie Moller	Niemo Barracuda	10:55.17	200903292	10:49.19
50m: 35.65	35.65 200m: 2:35.89	1:21.44	800m: 10:49.19	5:28.78
100m: 1:14.45	38.80 400m: 5:20.41	2:44.52		
5. Mila Oomens	Niemo Barracuda	10:30.74	200700016	11:17.69
50m: 35.74	35.74 250m: 45.0m: 65.0m:			
100m: 1:15.14	39.40 300m: 500m: 700m:			
150m: 2:38.08	350m: 550m: 750m:			
200m: 2:38.08	400m: 5:30.55	600m: 600m: 800m: 11:17.69		
6. Mare Engelse	Niemo Barracuda	11:45.00	201100826	11:45.19
50m: 36.05	36.05 200m: 2:43.67	1:27.24	800m: 11:45.19	6:02.32
100m: 1:16.43	40.38 400m: 5:42.87	2:59.20		
7. Eva Hensen	Niemo Barracuda	11:59.85	201100806	11:49.44
50m: 39.09	39.09 200m: 2:52.58	1:30.14	800m: 11:49.44	5:55.66
100m: 1:22.44	43.35 400m: 5:53.78	3:01.20		
8. Jolene van Dam	Niemo Barracuda	11:55.20	201201344	12:01.75
50m: 37.24	37.24 200m: 2:48.55	1:29.00	800m: 12:01.75	6:09.45
100m: 1:19.55	42.31 400m: 5:52.30	3:03.75		
9. Lynn Walter	Niemo Barracuda	12:31.35	201000394	12:55.53
50m: 38.85	38.85 200m: 2:55.61	1:33.07	800m: 12:55.53	6:49.80
100m: 1:22.54	43.69 400m: 6:05.73	3:10.12		
10. Sanne Castricum	Niemo Barracuda	13:51.00	201300712	13:35.72
50m: 45.59	45.59 200m: 3:18.09	1:43.72	800m: 13:35.72	6:41.09
100m: 1:34.37	48.78 400m: 6:54.63	3:36.54		
11. Aditi Pikaar	Niemo Barracuda	14:02.50	201302204	15:05.12
50m: 44.08	44.08 200m: 3:29.53	1:53.40	800m: 15:05.12	7:40.55
100m: 1:36.13	52.05 400m: 7:24.57	3:55.04		