

# RWC Deel 1 Poule A



## Regio West

Papendrecht 19-10-2024

**RWC Deel 1 Poule A - zaterdag 19 oktober 2024 om 13:30u (25 m)**

**Aanvangstijd juryvergadering: 13:00u**

### 1. 4x50m vrije slag 9-11

9 - 11 jaar

1. Acz				<b>02:14.87</b>
Sebas van Dam 2013 (+69)	50m	00:31.50	31,50	
Catoo van Oosterhout 2013 (+46)	100m	01:05.72	34,22	
Emiliiia Stopkina 2013 (+48)	150m	01:43.52	37,80	
Thijs van Arkel 2013 (+17)	200m	02:14.87	31,35	
2. Niemo Barracuda				<b>02:20.52</b>
Lenthe Stibbe 2015 (+71)	50m	00:40.78	40,78	
Noa Jade Boekhoudt 2013 (+41)	100m	01:15.39	34,61	
Lucas de Jonge 2014 (+18)	150m	01:50.15	34,76	
Isai Shields 2013 (+68)	200m	02:20.52	30,37	
3. z.c De Schotegil				<b>02:32.69</b>
Fiene Buth 2013 (+74)	50m	00:35.69	35,69	
Meike Sijtsma 2014 (+12)	100m	01:13.25	37,56	
Jules Boerema 2013 (+32)	150m	01:52.18	38,93	
Daniël Jongejan 2015 (+61)	200m	02:32.69	40,51	
4. De Duck				<b>02:38.31</b>
Gijs Salome 2014 (+62)	50m	00:38.96	38,96	
Jens Kom 2013 (+72)	100m	01:18.91	39,95	
Veerle Binneveld 2013 (+33)	150m	02:01.90	42,99	
Evy Kramer 2013 (+52)	200m	02:38.31	36,41	
5. Poseidon'56				<b>02:40.05</b>
Thirza Eefting 2013 (+65)	50m	00:40.26	40,26	
Norah Groenendijk 2014 (+49)	100m	01:18.10	37,84	
Finn Cogels 2014 (+43)	150m	01:59.21	41,11	
Jonathan Gäde 2014 (+35)	200m	02:40.05	40,84	
6. De Geul				<b>02:58.40</b>
Esmee Groven 2014	50m	00:53.96	53,96	
Pascal van Omme 2014 (+70)	100m	01:36.09	42,13	
Elize Ruitenberg 2014 (+57)	150m	02:14.23	38,14	
Dries Groven 2013 (+9)	200m	02:58.40	44,17	
DIS. ZV Vlaardingen-Schiedam				<b>00:00.00</b>
Daan van Merrienboer 2014	50m	00:35.65	35,65	
Natan Kasprzyk 2015	100m	01:13.14	37,49	
Fleur Doest 2014 (+32)	200m	00:00.00	-73,14	

### 2. 4x50m vrije slag 11-17

12 - 17 jaar (Gemengd)

1. Niemo Barracuda				<b>01:48.15</b>
Mila Oomens 2007 (+72)	50m	00:28.61	28,61	
Demi Bos 2010 (+9)	100m	00:57.32	28,71	
Daan Borst 2008 (+28)	150m	01:22.71	25,39	
Myron Artemenko 2010 (+36)	200m	01:48.15	25,44	
2. Acz				<b>01:51.40</b>
Yarno van Dam 2008 (+69)	50m	00:24.64	24,64	
Ilse Stout 2010 (+9)	100m	00:56.45	31,81	
Anne van Buren 2009 (+25)	150m	01:26.77	30,32	
Wanne van Geest 2009 (+37)	200m	01:51.40	24,63	

3. ZZ&PC De Devel				<b>01:52.87</b>
Kris Westerhout 2010 (+62)	50m	00:28.00	28,00	
Madelief Penning 2007 (+10)	100m	00:57.68	29,68	
Britte Lodder 2007 (+25)	150m	01:25.86	28,18	
Thom Veldhoen 2009 (+38)	200m	01:52.87	27,01	
4. ZV Vlaardingen-Schiedam				<b>01:55.25</b>
Joëll van der Meiden 2009 (+74)	50m	00:27.83	27,83	
Joey Pop 2008 (+39)	100m	00:53.98	26,15	
Merel Doest 2010 (+51)	150m	01:25.00	31,02	
Sanne Pruntel 2008 (+54)	200m	01:55.25	30,25	
5. De Geul				<b>01:55.41</b>
Donna Verhoef 2007 (+75)	50m	00:31.40	31,40	
Tygo van Berkel 2010 (+45)	100m	01:00.79	29,39	
Tess Vonk 2009 (+26)	150m	01:28.79	28,00	
Paul Ruitenbergh 2009 (+50)	200m	01:55.41	26,62	
6. z.c De Schotegil				<b>01:55.69</b>
Sem Jongejan 2009 (+75)	50m	00:29.36	29,36	
Dominique Overduin 2007 (+32)	100m	00:59.56	30,20	
Syb Boerema 2010 (+8)	150m	01:26.87	27,31	
Meyke v. Nimwegen 2008 (+47)	200m	01:55.69	28,82	
7. De Duck				<b>01:56.26</b>
Myrthe Kramer 2008 (+74)	50m	00:29.67	29,67	
Thijs Jonkman 2010 (+28)	100m	00:57.24	27,57	
Annika Binneveld 2010 (+31)	150m	01:28.40	31,16	
Ruben de Graaf 2009 (0)	200m	01:56.26	27,86	
8. Poseidon'56				<b>01:59.72</b>
Samantha van der Jagt 2007 (+83)	50m	00:32.74	32,74	
Noa Milou Kooiman 2012 (+34)	100m	01:07.57	34,83	
Jochem Steenstra 2007 (+52)	150m	01:26.45	18,88	
Alex Woe 2008	200m	01:59.72	33,27	

### 3. 200m schoolslag - Dames

vanaf 11 jaar (Senioren Open)

1. Mila Oomens (Niemo Barracuda, 200700016)				<b>02:45.05(+73)</b>
50m	00:37.10	37,10	100m 01:18.67	41,57
150m	02:01.52	42,85		
2. Anouchka Bos (Niemo Barracuda, 200501528)				<b>02:49.47(+77)</b>
50m	00:37.91	37,91	100m 01:20.45	42,54
150m	02:04.33	43,88		
3. Karlijn Offeringa (ZV Vlaardingen-Schiedam, 200503292)				<b>02:49.67</b>
50m	00:37.87	37,87	100m 01:21.97	44,10
150m	02:07.12	45,15		
4. Lotte Middelbos (z.c De Schotegil, 199900680)				<b>02:51.51(+78)</b>
50m	00:38.35	38,35	100m 01:22.10	43,75
150m	02:07.00	44,90		
5. Lyke Buscop (z.c De Schotegil, 200500552)				<b>02:54.67(+75)</b>
50m	00:38.59	38,59	100m 01:22.76	44,17
150m	02:08.18	45,42		
6. Lisa van Milt (ZZ&PC De Devel, 199201228)				<b>02:56.54(+69)</b>
50m	00:38.70	38,70	100m 01:23.02	44,32
150m	02:09.41	46,39		
7. Carmen Lems (Acz, 200402632)				<b>02:57.79(+70)</b>
50m	00:38.47	38,47	100m 01:23.11	44,64
150m	02:10.31	47,20		
8. Jennifer Blenk (ZV Vlaardingen-Schiedam, 200903172)				<b>02:58.27(+78)</b>
50m	00:39.43	39,43	100m 01:26.04	46,61
150m	02:12.85	46,81		
9. Marcha Admiraal (De Geul, 199300012)				<b>03:02.36(+76)</b>
50m	00:40.79	40,79	100m 01:26.86	46,07
150m	02:14.60	47,74		
10. Marijke Kommers (Niemo Barracuda, 199305334)				<b>03:02.78(+80)</b>
50m	00:41.21	41,21	100m 01:28.05	46,84
150m	02:15.00	46,95		
11. Laura Hoogenboezem (Acz, 200500390)				<b>03:02.88</b>
50m	00:42.02	42,02	100m 01:28.25	46,23
150m	02:15.17	46,92		

12. Laura Tromp (ZZ&PC De Devel, 200000276)				<b>03:03.38(+77)</b>	
50m	00:40.52 40,52	100m	01:26.86 46,34	150m	02:14.54 47,68
13. Faustine Mussig (De Geul, 200202080)				<b>03:08.66(+77)</b>	
50m	00:41.69 41,69	100m	01:29.96 48,27	150m	02:19.26 49,30
14. Kelly Wigleven (Poseidon'56, 199500058)				<b>03:09.71(+79)</b>	
50m	00:42.06 42,06	100m	01:30.08 48,02	150m	02:19.59 49,51
15. Kirsten Erkamp (Acz, 200402306)				<b>03:09.88(+84)</b>	
50m	00:42.47 42,47	100m	01:31.06 48,59	150m	02:21.18 50,12
16. Daphne van Tilburg (De Geul, 200500580)				<b>03:12.25(+77)</b>	
50m	00:42.23 42,23	100m	01:30.15 47,92	150m	02:21.25 51,10
17. Marcella van der Ent (De Duck, 199600174)				<b>03:12.77(+81)</b>	
50m	00:41.52 41,52	100m	01:29.63 48,11	150m	02:20.41 50,78
18. Rachel Trainor (De Duck, 197700670)				<b>03:12.87(+71)</b>	
50m	00:43.03 43,03	100m	01:31.65 48,62	150m	02:22.17 50,52
19. Tonia Ruybroek (Poseidon'56, 198101290)				<b>03:13.99(+99)</b>	
50m	00:44.83 44,83	100m	01:34.27 49,44	150m	02:24.04 49,77
20. Jessica Pol (Poseidon'56, 200600030)				<b>03:42.56(+86)</b>	
50m	00:48.42 48,42	100m	01:44.52 56,10	150m	02:43.23 58,71
BM. Tamara van den Brink (Niemo Barracuda, 199804182)				<b>BM</b>	
50m	00:42.66 42,66	100m	01:32.05 49,39	150m	02:23.09 51,04

#### 4. 200m rugslag - Heren

vanaf 11 jaar (Senioren Open)

1. Yarno van Dam (Acz, 200800115)				<b>02:08.01(+61)</b>	
50m	00:29.75 29,75	100m	01:02.37 32,62	150m	01:35.80 33,43
2. Menno Wieringa (Acz, 200500927)				<b>02:14.39(+64)</b>	
50m	00:30.89 30,89	100m	01:05.54 34,65	150m	01:40.45 34,91
3. Mike Hoek (De Duck, 199702229)				<b>02:14.72(+67)</b>	
50m	00:31.49 31,49	100m	01:06.25 34,76	150m	01:41.69 35,44
4. Gerard Willighagen (Poseidon'56, 200103663)				<b>02:16.30(+71)</b>	
50m	00:32.09 32,09	100m	01:06.28 34,19	150m	01:41.52 35,24
5. Jesper Oranje (De Duck, 199200997)				<b>02:18.00(+69)</b>	
50m	00:32.34 32,34	100m	01:07.32 34,98	150m	01:42.27 34,95
6. David Kievit (z.c De Schotejil, 199900325)				<b>02:18.37(+91)</b>	
50m	00:32.61 32,61	100m	01:07.67 35,06	150m	01:43.24 35,57
7. Laurens Kalle (z.c De Schotejil, 200600161)				<b>02:19.10</b>	
50m	00:31.60 31,60	100m	01:06.94 35,34	150m	01:43.72 36,78
8. Mark Hensen (Niemo Barracuda, 197900497)				<b>02:20.40(+68)</b>	
50m	00:33.61 33,61	100m	01:09.52 35,91	150m	01:45.22 35,70
9. Jacob Mackloet (z.c De Schotejil, 200001171)				<b>02:22.83(+70)</b>	
50m	00:33.82 33,82	100m	01:09.85 36,03	150m	01:46.76 36,91
10. Ryan van den Ouden (Poseidon'56, 199900377)				<b>02:24.58(+69)</b>	
50m	00:32.43 32,43	100m	01:08.59 36,16	150m	01:46.72 38,13
11. Jari Voogt (De Duck, 200004237)				<b>02:26.50(+69)</b>	
50m	00:33.59 33,59	100m	01:10.23 36,64	150m	01:48.61 38,38
12. Jaap Schoenmakers (ZV Vlaardingen-Schiedam, 200200619)				<b>02:28.58(+58)</b>	
50m	00:32.26 32,26	100m	01:09.74 37,48	150m	01:49.27 39,53
13. Benjamin van Helsdingen (ZZ&PC De Devel, 200601097)				<b>02:31.73(+61)</b>	
50m	00:35.09 35,09	100m	01:13.18 38,09	150m	01:53.25 40,07
14. Thijs Visser (Niemo Barracuda, 200502129)				<b>02:31.81</b>	
50m	00:34.64 34,64	100m	01:13.00 38,36	150m	01:52.88 39,88

15. Nathan Janssen (De Geul, 200401565)		<b>02:32.04</b>
50m 00:35.75 35,75	100m 01:13.51 37,76	150m 01:52.53 39,02
16. Sven Markkus Eschbach (ZZ&PC De Devel, 200602013)		<b>02:32.39(+63)</b>
50m 00:33.99 33,99	100m 01:12.75 38,76	150m 01:52.81 40,06
17. Reinier Velthuijs (Niemo Barracuda, 200503537)		<b>02:34.64(+65)</b>
50m 00:35.50 35,50	100m 01:14.08 38,58	150m 01:53.63 39,55
18. Remco van der Graaf (De Geul, 198704007)		<b>02:40.47(+78)</b>
50m 00:39.14 39,14	100m 01:20.14 41,00	150m 02:01.39 41,25
19. Jim Geestman (Poseidon'56, 198300699)		<b>02:42.72(+79)</b>
50m 00:37.35 37,35	100m 01:18.41 41,06	150m 02:00.68 42,27

## 5. 100m wisselslag - Dames

11 - 13 jaar (Junioren)

1. Evy v. Nimwegen (z.c De Schotegil, 201100168)		<b>01:17.29</b>
50m 00:36.37 36,37		
2. Saar de Graaf (ZV Vlaardingen-Schiedam, 201101264)		<b>01:17.94(+95)</b>
50m 00:36.67 36,67		
3. Guusje van Geest (ZV Vlaardingen-Schiedam, 201200352)		<b>01:21.15</b>
50m 00:36.13 36,13		
4. Jazz Hollander (ZZ&PC De Devel, 201300528)		<b>01:22.44</b>
50m 00:39.18 39,18		
5. Jolene van Dam (Niemo Barracuda, 201201344)		<b>01:23.06(+74)</b>
50m 00:37.23 37,23		
6. Pip Verhoeven (ZZ&PC De Devel, 201200544)		<b>01:23.24(+74)</b>
50m 00:38.74 38,74		
7. Carmen Thijs (De Duck, 201202980)		<b>01:24.55(+84)</b>
50m 00:37.63 37,63		
8. Lois Brussé (Poseidon'56, 201202310)		<b>01:24.68(+86)</b>
50m 00:39.90 39,90		
9. Eline van Berkel (De Geul, 201200232)		<b>01:24.98(+79)</b>
50m 00:40.25 40,25		
10. Eva Hensen (Niemo Barracuda, 201100806)		<b>01:25.56(+68)</b>
50m 00:38.92 38,92		
11. Elise Batist (De Duck, 201201174)		<b>01:25.84(+72)</b>
50m 00:37.80 37,80		
12. Cato van Oosterhout (Acz, 201301970)		<b>01:26.68</b>
50m 00:39.53 39,53		
13. Nina-Sofia Arkesteijn (Acz, 201101670)		<b>01:26.95(+65)</b>
50m 00:40.10 40,10		
14. Mare Engelse (Niemo Barracuda, 201100826)		<b>01:27.25(+80)</b>
50m 00:40.73 40,73		
15. Stefanie van der Weert (De Geul, 201100442)		<b>01:27.27(+76)</b>
50m 00:40.65 40,65		
16. Sanne Heuvelman (De Geul, 201101238)		<b>01:28.10(+81)</b>
50m 00:41.87 41,87		
17. Nina Dolphijn (Poseidon'56, 201200504)		<b>01:28.82(+85)</b>
50m 00:41.15 41,15		
18. Evi de Vogel (z.c De Schotegil, 201101380)		<b>01:29.92</b>
50m 00:43.62 43,62		
19. Anne van der Heiden (Poseidon'56, 201201340)		<b>01:31.65(+61)</b>

50m 00:42.71 42,71

20. Rosalie van der Reijden (ZV Vlaardingen-Schiedam, 201202720) **01:32.78**  
50m 00:46.02 46,02
21. Meira de Witt (ZZ&PC De Devel, 201102482) **01:34.05**  
50m 00:41.08 41,08
22. Roos Jonkman (De Duck, 201202798) **01:38.99(+94)**  
50m 00:47.00 47,00
23. Gioia Versluijs (Acz, 201200294) **01:42.92(+74)**  
50m 00:48.75 48,75
- BM. Sofiiia Budylevskya (Niemo Barracuda, 201102752) **BM**  
50m 00:46.34 46,34

## 6. 100m wisselslag - Heren

11 - 13 jaar (Junioren 2 en jonger)

1. Joep Lindhout (Niemo Barracuda, 201100873) **01:12.55(+75)**  
50m 00:33.85 33,85
2. Sander de Bruin (ZZ&PC De Devel, 201100617) **01:12.96(+68)**  
50m 00:34.22 34,22
3. Wanja Chepenko (Acz, 201102065) **01:17.38(+72)**  
50m 00:35.44 35,44
4. Jaysley Brouwn (Niemo Barracuda, 201101033) **01:19.51(+74)**  
50m 00:37.73 37,73
5. Rik Kroesbergen (Poseidon'56, 201201465) **01:23.53(+75)**  
50m 00:39.47 39,47
6. Koen van Merrienboer (ZV Vlaardingen-Schiedam, 201101623) **01:23.67(+86)**  
50m 00:40.38 40,38
7. Sebas van Dam (Acz, 201300127) **01:23.80**  
50m 00:37.53 37,53
8. Luuk Bijman (Niemo Barracuda, 201200201) **01:28.94(+65)**  
50m 00:41.05 41,05
9. Wesley Blenk (ZV Vlaardingen-Schiedam, 201300705) **01:35.05**  
50m 00:43.76 43,76
10. Jens Kom (De Duck, 201302081) **01:40.78(+74)**  
50m 00:48.22 48,22
11. Twan Hilgers (De Duck, 201202687) **01:43.15(+86)**  
50m 00:49.40 49,40
12. Lucas van Omme (De Geul, 201202537) **01:46.72(+86)**  
50m 00:52.00 52,00
13. Niels Stehouwer (De Geul, 201200461) **01:47.27**  
50m 00:53.58 53,58
14. Liam van der Graaf (De Geul, 201202367) **01:50.90**  
50m 00:54.61 54,61
15. Chris Boeree (ZV Vlaardingen-Schiedam, 201302011) **01:53.73**  
50m 00:59.10 59,10
- BM. Sven Stehouwer (De Geul, 201201847) **BM**  
50m 01:02.49 62,49
- BM. Tim Barendrecht (Niemo Barracuda, 201100651) **BM**  
50m 00:42.66 42,66

## 7. 100m rugslag - Dames

11 - 15 jaar (Jeugd 1 en jonger)

1. Famke Franzen (z.c De Schotejil, 201000058) 50m 00:33.33 33,33	01:10.68(+61)
2. Nienke v. Weenen (z.c De Schotejil, 201000282) 50m 00:37.70 37,70	01:15.64(+69)
3. Stella Offerhaus (z.c De Schotejil, 200903926) 50m 00:37.14 37,14	01:16.17(+79)
4. Demi Bos (Niemo Barracuda, 201001282) 50m 00:36.04 36,04	01:17.32(+75)
5. Ilse Stout (Acz, 201001704) 50m 00:37.86 37,86	01:17.45(+67)
6. Annika Binneveld (De Duck, 201001268) 50m 00:37.60 37,60	01:17.46(+62)
7. Merel Doest (ZV Vlaardingen-Schiedam, 201001142) 50m 00:38.13 38,13	01:17.60
8. Emma Putters (ZV Vlaardingen-Schiedam, 201001738) 50m 00:38.15 38,15	01:17.68(+70)
9. Lieselot Penning (ZZ&PC De Devel, 201200052) 50m 00:40.00 40,00	01:20.09(+70)
10. Lara Kars (De Duck, 200903130) 50m 00:38.89 38,89	01:20.75(+71)
11. Anne van Buren (Acz, 200903752) 50m 00:40.02 40,02	01:22.51(+79)
12. Femke Sonneveld (Poseidon'56, 200902802) 50m 00:40.98 40,98	01:22.97(+79)
13. Elise Koudstaal (Acz, 201002338) 50m 00:40.95 40,95	01:22.98(+74)
14. Ilvy Lodder (ZZ&PC De Devel, 201100012) 50m 00:40.88 40,88	01:23.66
15. Rosalie Moller (Niemo Barracuda, 200903292) 50m 00:41.18 41,18	01:25.61(+96)
16. Lynn Walter (Niemo Barracuda, 201000394) 50m 00:42.59 42,59	01:28.13(+66)
17. Kyara Kramer (De Duck, 201200650) 50m 00:41.83 41,83	01:29.11(+79)
18. Fenna de Witt (ZZ&PC De Devel, 200904306) 50m 00:44.80 44,80	01:31.32(+82)
19. Noa Cogels (Poseidon'56, 201101320) 50m 00:46.07 46,07	01:31.57
20. Maaikje de Haan (De Geul, 201003946) 50m 00:45.65 45,65	01:35.95(+90)
21. Noa Milou Kooiman (Poseidon'56, 201201134) 50m 00:45.87 45,87	01:37.29(+72)
22. Sofie Zevenhoven (De Geul, 201002202) 50m 00:50.19 50,19	01:43.80(+80)
BM. Angeliek van Es (Niemo Barracuda, 200902332) 50m 00:45.87 45,87	BM

## 8. 100m rugslag - Heren

11 - 15 jaar (Junioren 4 en jonger)

1. Wanne van Geest (Acz, 200901425) 50m 00:29.97 29,97	01:03.17(+62)
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2. Myron Artemenko (Niemo Barracuda, 201003021) 50m 00:31.36 31,36	<b>01:04.01(+61)</b>
3. Eli Shields (Niemo Barracuda, 201000407) 50m 00:32.03 32,03	<b>01:06.51(+59)</b>
4. Ruben de Graaf (De Duck, 200901477) 50m 00:33.73 33,73	<b>01:09.08(+69)</b>
5. Luka Arkesteijn (Acz, 200903023) 50m 00:34.01 34,01	<b>01:09.80(+81)</b>
6. Luuk Schippers (Poseidon'56, 200901161) 50m 00:35.29 35,29	<b>01:11.46(+72)</b>
7. Dylan Dortland (Niemo Barracuda, 200900165) 50m 00:34.66 34,66	<b>01:12.04(+62)</b>
8. Kris Westerhout (ZZ&PC De Devel, 201000883) 50m 00:36.27 36,27	<b>01:12.26(+64)</b>
9. Joëll van der Meiden (ZV Vlaardingen-Schiedam, 200903439) 50m 00:34.02 34,02	<b>01:12.33(+64)</b>
10. Thom Veldhoen (ZZ&PC De Devel, 200901159) 50m 00:35.91 35,91	<b>01:13.74</b>
11. Vince van Dam (Acz, 201000405) 50m 00:36.16 36,16	<b>01:14.82(+67)</b>
12. Noah Abdullsada (ZZ&PC De Devel, 201002411) 50m 00:37.21 37,21	<b>01:17.32(+77)</b>
13. Syb Boerema (z.c De Schoteyil, 201000359) 50m 00:37.35 37,35	<b>01:18.45(+73)</b>
14. Sem Jongejan (z.c De Schoteyil, 200901269) 50m 00:37.62 37,62	<b>01:18.91(+65)</b>
15. Rens van der Es (De Geul, 201000583) 50m 00:38.81 38,81	<b>01:19.84(+65)</b>
16. Shiloh Bravenboer (Poseidon'56, 201000661) 50m 00:39.16 39,16	<b>01:22.26(+73)</b>
17. Tygo van Berkel (De Geul, 201000327) 50m 00:40.32 40,32	<b>01:22.71</b>
18. Platon Romanov (ZV Vlaardingen-Schiedam, 200903969) 50m 00:37.69 37,69	<b>01:22.82(+74)</b>
19. Tygo Kleij (De Duck, 201002793) 50m 00:44.58 44,58	<b>01:32.42(+79)</b>
20. Kjeld Vos (De Geul, 201000153) 50m 00:47.21 47,21	<b>01:38.66</b>
21. Edin Hokke (De Duck, 201202863) 50m 00:53.13 53,13	<b>01:52.19(+62)</b>
BM. Yaroslav Budylevskyi (Niemo Barracuda, 200903563) 50m 00:38.03 38,03	<b>BM</b>

## 9. 50m schoolslag - Dames

9 - 11 jaar (Minioren 4,5, Junioren 1)

1. Jazz Hollander (ZZ&PC De Devel, 201300528)	<b>00:42.50(+54)</b>
2. Fleur Doest (ZV Vlaardingen-Schiedam, 201400142)	<b>00:44.82(+79)</b>
3. Yara Abdullsada (ZZ&PC De Devel, 201300412)	<b>00:46.25(+64)</b>
4. Fiene Buth (z.c De Schoteyil, 201302142)	<b>00:47.67(+75)</b>

5. Evy Kramer (De Duck, 201300598)	<b>00:47.98</b>
5. Jade van de Vreede (ZZ&PC De Devel, 201301492)	<b>00:47.98</b>
7. Noa Jade Boekhoudt (Niemo Barracuda, 201301026)	<b>00:48.14(+94)</b>
8. Norah Groenendijk (Poseidon'56, 201401030)	<b>00:48.28(+89)</b>
9. Elize Ruitenbergh (De Geul, 201400040)	<b>00:48.76(+79)</b>
10. Cato van Oosterhout (Acz, 201301970)	<b>00:49.12(+84)</b>
11. Emma-Sophie van Dissel (ZV Vlaardingen-Schiedam, 201401244)	<b>00:49.46</b>
12. Laura Jongejan (z.c De Schotejil, 201302408)	<b>00:50.65(+85)</b>
13. Lenthe Stibbe (Niemo Barracuda, 201500226)	<b>00:50.75</b>
14. Emilia Stopkina (Acz, 201301554)	<b>00:51.24(+79)</b>
15. Meike Sijtsma (z.c De Schotejil, 201400150)	<b>00:53.02(+73)</b>
16. Thirza Eefting (Poseidon'56, 201300284)	<b>00:53.50</b>
17. Tessa Trouwborst (De Duck, 201300864)	<b>00:53.93</b>
18. Veerle Binneveld (De Duck, 201300516)	<b>00:54.07(+62)</b>
19. Karlijn Putters (ZV Vlaardingen-Schiedam, 201400440)	<b>00:54.66(+99)</b>
20. Ilse Hensen (Niemo Barracuda, 201400490)	<b>00:55.01(+57)</b>
21. Jasmijn Benthem (Poseidon'56, 201401028)	<b>00:59.66</b>
22. Esmee Groven (De Geul, 201402072)	<b>01:10.70</b>
BM. Noor Kok (ZV Vlaardingen-Schiedam, 201401144)	<b>BM</b>
BM. Lindy Timmers (Poseidon'56, 201400582)	<b>BM</b>

## **10. 50m schoolslag - Heren**

*9 - 11 jaar (Minioren 4,5,6)*

1. Isai Shields (Niemo Barracuda, 201300031)	<b>00:41.42(+58)</b>
2. Sebas van Dam (Acz, 201300127)	<b>00:43.05(+55)</b>
3. Vince Oomens (Niemo Barracuda, 201400011)	<b>00:45.80(+73)</b>
4. Lucas de Jonge (Niemo Barracuda, 201400175)	<b>00:47.26</b>
5. Gijs Salome (De Duck, 201400373)	<b>00:47.98(+58)</b>
6. Daan van Merrienboer (ZV Vlaardingen-Schiedam, 201400069)	<b>00:48.25</b>
7. Thijs van Arkel (Acz, 201300539)	<b>00:48.60(+86)</b>
8. Natan Kasprzyk (ZV Vlaardingen-Schiedam, 201500663)	<b>00:48.97(+55)</b>
9. Guus de Graaf (ZV Vlaardingen-Schiedam, 201500337)	<b>00:49.48(+70)</b>
10. Jules Boerema (z.c De Schotejil, 201300249)	<b>00:50.38</b>
11. Jonathan Gäde (Poseidon'56, 201400357)	<b>00:53.34</b>
12. Finn Cogels (Poseidon'56, 201400377)	<b>00:54.13(+87)</b>
13. Matthijs Benthem (Poseidon'56, 201400723)	<b>00:54.23(+69)</b>
14. Daniël Jongejan (z.c De Schotejil, 201500267)	<b>00:55.73</b>
15. Pascal van Omme (De Geul, 201401299)	<b>00:58.14</b>
16. Dries Groven (De Geul, 201302153)	<b>00:58.16</b>
DIS. Maks Lobunchenko (De Duck, 201302277)	<b>00:00.00</b>



BM. Quinn Walter (Niemo Barracuda, 201400295)

BM

### 11. 100m vlinderslag - Dames

vanaf 11 jaar (Senioren Open)

1. Karlijn Offeringa (ZV Vlaardingen-Schiedam, 200503292) **01:04.49(+76)**  
50m 00:29.42 29,42
2. Denise Boereboom (Niemo Barracuda, 199202144) **01:09.03(+67)**  
50m 00:31.36 31,36
3. Mariska Scheel (Acz, 199306344) **01:09.10(+75)**  
50m 00:32.38 32,38
4. Marcha Admiraal (De Geul, 199300012) **01:10.39(+80)**  
50m 00:33.29 33,29
5. Marcella van der Ent (De Duck, 199600174) **01:11.46**  
50m 00:31.46 31,46
6. Carmen Lems (Acz, 200402632) **01:11.51**  
50m 00:32.13 32,13
7. Amber Hesper (Niemo Barracuda, 200202188) **01:11.74(+76)**  
50m 00:31.40 31,40
8. Katinka van Dongen (ZZ&PC De Devel, 197700190) **01:11.91(+77)**  
50m 00:33.76 33,76
9. Kelly de Jonge (Poseidon'56, 199701210) **01:13.10(+84)**  
50m 00:34.07 34,07
10. Lisa van Milt (ZZ&PC De Devel, 199201228) **01:14.21(+71)**  
50m 00:33.84 33,84
11. Noa de Bock (De Duck, 200300318) **01:14.34(+69)**  
50m 00:34.28 34,28
12. Esmee Wijnmaalen (De Geul, 200100298) **01:14.59(+75)**  
50m 00:33.77 33,77
13. Lyke Buscop (z.c De Schotejil, 200500552) **01:15.13(+75)**  
50m 00:34.26 34,26
14. Anouchka Bos (Niemo Barracuda, 200501528) **01:15.21(+79)**  
50m 00:34.31 34,31
15. Aisha Nobels (z.c De Schotejil, 200501710) **01:16.57(+66)**  
50m 00:34.47 34,47
16. Faustine Mussig (De Geul, 200202080) **01:18.01(+76)**  
50m 00:34.50 34,50
17. Marjolijn Offeringa (ZV Vlaardingen-Schiedam, 200701788) **01:18.68(+82)**  
50m 00:34.95 34,95
18. Rianne Bresser (Poseidon'56, 199900690) **01:19.51(+77)**  
50m 00:34.93 34,93
19. Jessica Pol (Poseidon'56, 200600030) **01:23.50(+84)**  
50m 00:37.14 37,14
20. Laura Hoogenboezem (Acz, 200500390) **01:23.51(+79)**  
50m 00:37.77 37,77
21. Guusje van Geest (ZV Vlaardingen-Schiedam, 201200352) **01:27.56(+99)**  
50m 00:38.73 38,73
22. Judith Kleinjan (De Duck, 199802710) **01:29.30(+87)**  
50m 00:40.36 40,36

### 12. 100m wisselslag - Heren

vanaf 11 jaar (Senioren Open)

1. Xander Vis (z.c De Schotejil, 200300173) 50m 00:29.28 29,28	01:00.85(+70)
2. Jesper Oranje (De Duck, 199200997) 50m 00:27.41 27,41	01:00.96(+73)
3. Ryan van den Ouden (Poseidon'56, 199900377) 50m 00:28.67 28,67	01:01.80(+78)
4. Laurens Kalle (z.c De Schotejil, 200600161) 50m 00:27.98 27,98	01:02.39(+79)
5. Bas Blanker (Acz, 200601497) 50m 00:30.56 30,56	01:02.66(+68)
6. Erik van Gemert (Poseidon'56, 200300587) 50m 00:29.79 29,79	01:02.82(+66)
7. Jasper Groen (Acz, 200602325) 50m 00:28.78 28,78	01:03.43
8. Sidique Turay (Niemo Barracuda, 200500981) 50m 00:28.86 28,86	01:03.94(+74)
9. Jari Voogt (De Duck, 200004237) 50m 00:29.97 29,97	01:04.10(+66)
10. Thijs Visser (Niemo Barracuda, 200502129) 50m 00:31.67 31,67	01:05.00(+77)
11. David Kievit (z.c De Schotejil, 199900325) 50m 00:30.22 30,22	01:05.63(+78)
12. Benjamin van Helsdingen (ZZ&PC De Devel, 200601097) 50m 00:30.02 30,02	01:06.40
13. Nathan Janssen (De Geul, 200401565) 50m 00:31.70 31,70	01:06.96(+71)
14. Jaap Schoenmakers (ZV Vlaardingen-Schiedam, 200200619) 50m 00:29.69 29,69	01:07.05(+67)
15. Sven Markkus Eschbach (ZZ&PC De Devel, 200602013) 50m 00:29.87 29,87	01:07.13(+66)
16. Esper Paans (ZZ&PC De Devel, 200100607) 50m 00:30.68 30,68	01:07.25(+67)
17. Pascal van Haren (Niemo Barracuda, 198704101) 50m 00:31.27 31,27	01:08.01(+72)
18. Ivan van Omme (De Geul, 198201263) 50m 00:31.36 31,36	01:08.03(+68)
19. Mick van den Houten (De Duck, 200302211) 50m 00:30.59 30,59	01:08.43(+73)
20. Grzegorz Kasprzyk (ZV Vlaardingen-Schiedam, 198303163) 50m 00:33.01 33,01	01:12.59(+75)
21. Jim Geestman (Poseidon'56, 198300699) 50m 00:33.62 33,62	01:13.71(+82)
BM. Remco van der Graaf (De Geul, 198704007) 50m 00:36.02 36,02	BM
BM. Reinier Velthuijs (Niemo Barracuda, 200503537) 50m 00:31.73 31,73	BM
BM. Jelmer Paans (ZZ&PC De Devel, 200404441) [SM14] 50m 00:41.99 41,99	BM

### 13. 100m vrije slag - Dames

11 - 17 jaar (Senioren 1 en jonger)

1. Tess Vonk (De Geul, 200900024) 50m 00:29.17 29,17	01:00.40(+66)
2. Mila Oomens (Niemo Barracuda, 200700016) 50m 00:29.65 29,65	01:02.40(+74)
3. Meyke v. Nimwegen (z.c De Schotejil, 200800106) 50m 00:30.38 30,38	01:02.87(+80)
4. Britte Lodder (ZZ&PC De Devel, 200702290) 50m 00:30.80 30,80	01:03.00(+68)
5. Dominique Overduin (z.c De Schotejil, 200700172) 50m 00:31.68 31,68	01:06.86(+86)
6. Myrthe Kramer (De Duck, 200802056) 50m 00:32.23 32,23	01:07.29(+66)
7. Julia van Wingerden (ZZ&PC De Devel, 200800436) 50m 00:32.50 32,50	01:07.33(+66)
8. Sanne Pruntel (ZV Vlaardingen-Schiedam, 200802010) 50m 00:32.30 32,30	01:07.75(+84)
9. Madelief Penning (ZZ&PC De Devel, 200701298) 50m 00:32.18 32,18	01:08.29
10. Daphne v.d. Slik (z.c De Schotejil, 200800554) 50m 00:33.25 33,25	01:09.25
11. Hanna van Loenen (ZV Vlaardingen-Schiedam, 200800836) 50m 00:32.59 32,59	01:09.71(+73)
12. Lizzy Batist (De Duck, 200804630) 50m 00:33.87 33,87	01:09.74(+82)
13. Samantha van der Jagt (Poseidon'56, 200700220) 50m 00:34.09 34,09	01:10.61(+83)
14. Donna Verhoef (De Geul, 200701934) 50m 00:33.89 33,89	01:11.44(+77)
15. Janneke Twigt (Acz, 200701040) 50m 00:35.18 35,18	01:13.30(+83)
16. Elise Koudstaal (Acz, 201002338) 50m 00:36.57 36,57	01:13.71(+61)
17. Yaren Kara (Acz, 200803998) 50m 00:35.29 35,29	01:14.30(+83)
18. Anne de Bruijn (Niemo Barracuda, 200801238) 50m 00:35.51 35,51	01:16.68(+87)
19. Damla Yilmaz (Poseidon'56, 201002230) 50m 00:37.52 37,52	01:18.93
20. Angeliek van Es (Niemo Barracuda, 200902332) 50m 00:38.00 38,00	01:19.47(+87)
21. Fenne Zevenhoven (De Duck, 200802530) 50m 00:38.43 38,43	01:20.31(+88)
BM. Jaylin van der Linden (ZZ&PC De Devel, 200701766) 50m 00:32.39 32,39	BM

**14. 100m vrije slag - Heren**

11 - 17 jaar (Jeugd 2 en jonger)

1. Yarno van Dam (Acz, 200800115) 50m 00:25.56 25,56	00:53.47(+70)
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2. Daan Borst (Niemo Barracuda, 200801435) 50m 00:26.53 26,53	00:56.54(+72)
3. Joey Pop (ZV Vlaardingen-Schiedam, 200800277) 50m 00:27.36 27,36	00:57.42(+78)
4. Alex Woe (Poseidon'56, 200801393) 50m 00:27.16 27,16	00:57.61(+61)
5. Paul Ruitenbergh (De Geul, 200900979) 50m 00:27.74 27,74	00:58.04
6. Jochem Steenstra (Poseidon'56, 200701753) 50m 00:27.70 27,70	00:59.06(+75)
7. Thijs Jonkman (De Duck, 201000481) 50m 00:29.45 29,45	01:01.02(+76)
8. Thom Veldhoen (ZZ&PC De Devel, 200901159) 50m 00:29.46 29,46	01:01.38(+65)
9. Mitchell van Dijk (Niemo Barracuda, 200800577) 50m 00:29.42 29,42	01:02.36(+83)
10. Luka Arkesteijn (Acz, 200903023) 50m 00:29.75 29,75	01:02.97(+80)
11. Daniel Gospodinov (De Duck, 200803567) 50m 00:30.95 30,95	01:05.19
12. Tristan Peltenburg (Niemo Barracuda, 200700981) 50m 00:30.08 30,08	01:05.23
13. Sébastien Nell (De Geul, 200802225) 50m 00:32.24 32,24	01:06.22(+79)
14. Mattias Raimond (De Geul, 200802641) 50m 00:33.03 33,03	01:09.79(+72)
15. Koen van Merrienboer (ZV Vlaardingen-Schiedam, 201101623) 50m 00:34.49 34,49	01:10.04(+89)
BM. Hassan Turay (Niemo Barracuda, 200700519) 50m 00:29.64 29,64	BM
BM. Lars Barendrecht (Niemo Barracuda, 200800587) 50m 00:30.53 30,53	BM

### 15. 200m vrije slag - Dames

11 - 15 jaar (Jeugd 1 en jonger)

1. Famke Franzen (z.c De Schotejil, 201000058) 50m 00:31.03 31,03 100m 01:06.08 35,05 150m 01:42.29 36,21	02:17.98(+75)
2. Nienke v. Weenen (z.c De Schotejil, 201000282) 50m 00:34.37 34,37 100m 01:12.04 37,67 150m 01:49.03 36,99	02:24.20(+78)
3. Saar de Graaf (ZV Vlaardingen-Schiedam, 201101264) 50m 00:34.38 34,38 100m 01:11.86 37,48 150m 01:50.48 38,62	02:26.31
4. Annika Binneveld (De Duck, 201001268) 50m 00:33.81 33,81 100m 01:11.58 37,77 150m 01:50.71 39,13	02:26.86
5. Ilse Stout (Acz, 201001704) 50m 00:33.03 33,03 100m 01:09.89 36,86 150m 01:48.82 38,93	02:26.94(+65)
6. Demi Bos (Niemo Barracuda, 201001282) 50m 00:32.21 32,21 100m 01:08.83 36,62 150m 01:49.07 40,24	02:27.95(+77)
7. Stella Offerhaus (z.c De Schotejil, 200903926) 50m 00:34.73 34,73 100m 01:14.56 39,83 150m 01:54.38 39,82	02:28.95(+94)
8. Lieselot Penning (ZZ&PC De Devel, 201200052) 50m 00:35.12 35,12 100m 01:13.24 38,12 150m 01:52.30 39,06	02:29.40(+74)

9. Rosalie Moller (Niemo Barracuda, 200903292)				<b>02:31.54(+86)</b>
50m 00:33.20 33,20	100m 01:11.67 38,47	150m 01:50.72 39,05		
10. Merel Doest (ZV Vlaardingen-Schiedam, 201001142)				<b>02:33.06(+58)</b>
50m 00:34.07 34,07	100m 01:12.76 38,69	150m 01:52.63 39,87		
11. Femke Sonneveld (Poseidon'56, 200902802)				<b>02:33.35(+90)</b>
50m 00:35.80 35,80	100m 01:15.49 39,69	150m 01:55.93 40,44		
12. Emma Putters (ZV Vlaardingen-Schiedam, 201001738)				<b>02:33.88(+80)</b>
50m 00:35.24 35,24	100m 01:15.48 40,24	150m 01:55.50 40,02		
13. Anne van Buren (Acz, 200903752)				<b>02:36.33(+78)</b>
50m 00:34.68 34,68	100m 01:14.62 39,94	150m 01:56.05 41,43		
14. Ilvy Lodder (ZZ&PC De Devel, 201100012)				<b>02:39.93(+80)</b>
50m 00:35.42 35,42	100m 01:16.81 41,39	150m 01:59.04 42,23		
15. Noa Cogels (Poseidon'56, 201101320)				<b>02:46.55</b>
50m 00:37.50 37,50	100m 01:20.30 42,80	150m 02:04.98 44,68		
16. Lynn Walter (Niemo Barracuda, 201000394)				<b>02:47.87(+65)</b>
50m 00:37.66 37,66	100m 01:20.71 43,05	150m 02:05.60 44,89		
17. Lara Kars (De Duck, 200903130)				<b>02:49.05</b>
50m 00:36.39 36,39	100m 01:18.51 42,12	150m 02:03.85 45,34		
18. Noa Milou Kooiman (Poseidon'56, 201201134)				<b>02:52.62(+72)</b>
50m 00:37.47 37,47	100m 01:21.30 43,83	150m 02:07.10 45,80		
19. Kyara Kramer (De Duck, 201200650)				<b>03:02.40(+77)</b>
50m 00:40.08 40,08	100m 01:26.82 46,74	150m 02:15.15 48,33		
20. Sofie Zevenhoven (De Geul, 201002202)				<b>03:04.68(+89)</b>
50m 00:41.90 41,90	100m 01:30.96 49,06	150m 02:21.04 50,08		
21. Fenna de Witt (ZZ&PC De Devel, 200904306)				<b>03:13.25(+84)</b>
50m 00:44.73 44,73	100m 01:36.87 52,14	150m 02:27.11 50,24		
22. Maaïke de Haan (De Geul, 201003946)				<b>03:15.62(+95)</b>
50m 00:44.31 44,31	100m 01:35.09 50,78	150m 02:26.85 51,76		
BM. Roos Jonkman (De Duck, 201202798)				<b>BM</b>
50m 00:43.72 43,72	100m 01:34.92 51,20	150m 02:26.30 51,38		

## 16. 200m vrije slag - Heren

11 - 15 jaar (Junioren 4 en jonger)

1. Wanne van Geest (Acz, 200901425)				<b>01:58.97(+68)</b>
50m 00:26.13 26,13	100m 00:56.34 30,21	150m 01:27.65 31,31		
2. Myron Artemenko (Niemo Barracuda, 201003021)				<b>02:09.83(+77)</b>
50m 00:29.90 29,90	100m 01:03.57 33,67	150m 01:37.02 33,45		
3. Joëll van der Meiden (ZV Vlaardingen-Schiedam, 200903439)				<b>02:13.76</b>
50m 00:30.60 30,60	100m 01:04.93 34,33	150m 01:39.57 34,64		
4. Kris Westerhout (ZZ&PC De Devel, 201000883)				<b>02:15.40(+68)</b>
50m 00:31.35 31,35	100m 01:05.90 34,55	150m 01:40.96 35,06		
5. Luka Arkesteijn (Acz, 200903023)				<b>02:19.26(+79)</b>
50m 00:31.32 31,32	100m 01:06.27 34,95	150m 01:42.96 36,69		
6. Ruben de Graaf (De Duck, 200901477)				<b>02:20.51(+68)</b>
50m 00:32.15 32,15	100m 01:07.61 35,46	150m 01:45.08 37,47		
7. Thijs Bijman (Niemo Barracuda, 200901111)				<b>02:20.90(+83)</b>
50m 00:32.30 32,30	100m 01:08.21 35,91	150m 01:46.04 37,83		
8. Syb Boerema (z.c De Schotejil, 201000359)				<b>02:21.03(+63)</b>
50m 00:32.19 32,19	100m 01:08.70 36,51	150m 01:45.54 36,84		
9. Luuk Schippers (Poseidon'56, 200901161)				<b>02:21.70(+93)</b>

	50m 00:32.32 32,32	100m 01:08.69 36,37	150m 01:46.54 37,85	
10. Tygo van Berkel (De Geul, 201000327)	50m 00:32.75 32,75	100m 01:09.51 36,76	150m 01:47.77 38,26	<b>02:22.02(+73)</b>
11. Vince van Dam (Acz, 201000405)	50m 00:32.40 32,40	100m 01:08.73 36,33	150m 01:46.05 37,32	<b>02:22.61(+51)</b>
12. Yaroslav Budylevskiy (Niemo Barracuda, 200903563)	50m 00:32.69 32,69	100m 01:09.33 36,64	150m 01:46.75 37,42	<b>02:22.62(+75)</b>
13. Rens van der Es (De Geul, 201000583)	50m 00:32.86 32,86	100m 01:09.96 37,10	150m 01:47.70 37,74	<b>02:23.62</b>
14. Noah Abdulsada (ZZ&PC De Devel, 201002411)	50m 00:31.73 31,73	100m 01:07.70 35,97	150m 01:46.23 38,53	<b>02:24.61(+73)</b>
15. Shiloh Bravenboer (Poseidon'56, 201000661)	50m 00:34.36 34,36	100m 01:13.68 39,32	150m 01:54.11 40,43	<b>02:31.05(+93)</b>
16. Sem Jongejan (z.c De Schotejil, 200901269)	50m 00:33.32 33,32	100m 01:13.62 40,30	150m 01:55.03 41,41	<b>02:33.20(+73)</b>
17. Platon Romanov (ZV Vlaardingen-Schiedam, 200903969)	50m 00:33.59 33,59	100m 01:15.41 41,82	150m 02:03.72 48,31	<b>02:49.61(+60)</b>
18. Tygo Kleij (De Duck, 201002793)	50m 00:38.15 38,15	100m 01:22.82 44,67	150m 02:09.10 46,28	<b>02:53.98(+80)</b>
19. Edin Hokke (De Duck, 201202863)	50m 00:47.02 47,02	100m 01:43.46 56,44	150m 02:43.45 59,99	<b>03:40.24(+68)</b>
DIS. Kjeld Vos (De Geul, 201000153)				<b>00:00.00</b>
BM. Dylan Dortland (Niemo Barracuda, 200900165)	50m 00:30.37 30,37	100m 01:05.73 35,36	150m 01:43.43 37,70	<b>BM</b>

## 17. 50m schoolslag - Dames

11 - 13 jaar (Junioren)

1. Evy v. Nimwegen (z.c De Schotejil, 201100168)				<b>00:38.40(+72)</b>
2. Ilvy Lodder (ZZ&PC De Devel, 201100012)				<b>00:39.78(+80)</b>
3. Pip Verhoeven (ZZ&PC De Devel, 201200544)				<b>00:40.26</b>
4. Guusje van Geest (ZV Vlaardingen-Schiedam, 201200352)				<b>00:43.04(+90)</b>
5. Nina Dolphijn (Poseidon'56, 201200504)				<b>00:43.07(+80)</b>
6. Lois Brussé (Poseidon'56, 201202310)				<b>00:43.54(+81)</b>
7. Floor Jonkman (De Duck, 201201176)				<b>00:43.84(+85)</b>
8. Eline van Berkel (De Geul, 201200232)				<b>00:44.08</b>
9. Sanne Heuvelman (De Geul, 201101238)				<b>00:44.91(+79)</b>
10. Mare Engelse (Niemo Barracuda, 201100826)				<b>00:45.29(+79)</b>
11. Stefanie van der Weert (De Geul, 201100442)				<b>00:45.55(+77)</b>
12. Nina-Sofia Arkesteijn (Acz, 201101670)				<b>00:46.13(+56)</b>
13. Carmen Thijs (De Duck, 201202980)				<b>00:46.47</b>
14. Eva Hensen (Niemo Barracuda, 201100806)				<b>00:46.48(+65)</b>
15. Rosalie van der Reijden (ZV Vlaardingen-Schiedam, 201202720)				<b>00:46.50(+78)</b>
16. Jolene van Dam (Niemo Barracuda, 201201344)				<b>00:46.64(+78)</b>
17. Elise Batist (De Duck, 201201174)				<b>00:46.71(+72)</b>
18. Evi de Vogel (z.c De Schotejil, 201101380)				<b>00:47.09</b>

19. Emiliia Stopkina (Acz, 201301554)	<b>00:50.39</b>
20. Anne van der Heiden (Poseidon'56, 201201340)	<b>00:50.61(+79)</b>
21. Gioia Versluijs (Acz, 201200294)	<b>00:53.37(+59)</b>
BM. Sofiia Budylevskya (Niemo Barracuda, 201102752)	<b>BM</b>
DIS. Meira de Witt (ZZ&PC De Devel, 201102482)	<b>00:00.00</b>

### 18. 50m schoolslag - Heren

*11 - 13 jaar (Junioren 2 en jonger)*

1. Joep Lindhout (Niemo Barracuda, 201100873)	<b>00:37.56(+76)</b>
2. Sander de Bruin (ZZ&PC De Devel, 201100617)	<b>00:37.89(+66)</b>
3. Wanja Chepenko (Acz, 201102065)	<b>00:41.28(+68)</b>
4. Jaysley Brouwn (Niemo Barracuda, 201101033)	<b>00:41.30</b>
5. Rik Kroesbergen (Poseidon'56, 201201465)	<b>00:43.27</b>
6. Koen van Merrienboer (ZV Vlaardingen-Schiedam, 201101623)	<b>00:43.81(+92)</b>
7. Tim Barendrecht (Niemo Barracuda, 201100651)	<b>00:46.59(+85)</b>
8. Jens Kom (De Duck, 201302081)	<b>00:48.76(+71)</b>
9. Jules Boerema (z.c De Schotegil, 201300249)	<b>00:49.25</b>
10. Wesley Blenk (ZV Vlaardingen-Schiedam, 201300705)	<b>00:50.37(+81)</b>
11. Huib Sijsma (z.c De Schotegil, 201100461)	<b>00:50.55</b>
12. Lucas van Omme (De Geul, 201202537)	<b>00:52.23(+98)</b>
13. Niels Stehouwer (De Geul, 201200461)	<b>00:52.48(+68)</b>
14. Twan Hilgers (De Duck, 201202687)	<b>00:54.52</b>
15. Sven Stehouwer (De Geul, 201201847)	<b>00:56.68</b>
16. Chris Boeree (ZV Vlaardingen-Schiedam, 201302011)	<b>01:02.25</b>
BM. Liam van der Graaf (De Geul, 201202367)	<b>BM</b>
BM. Luuk Bijman (Niemo Barracuda, 201200201)	<b>BM</b>

### 19. 100m wisselslag - Dames

*vanaf 11 jaar (Senioren Open)*

1. Karlijn Offeringa (ZV Vlaardingen-Schiedam, 200503292)	<b>01:06.08(+75)</b>
50m 00:29.88 29,88	
2. Amber Hesper (Niemo Barracuda, 200202188)	<b>01:09.52</b>
50m 00:32.41 32,41	
3. Denise Boereboom (Niemo Barracuda, 199202144)	<b>01:09.76(+73)</b>
50m 00:32.10 32,10	
4. Lyke Buscop (z.c De Schotegil, 200500552)	<b>01:10.79(+74)</b>
50m 00:32.10 32,10	
5. Carmen Lems (Acz, 200402632)	<b>01:11.08(+71)</b>
50m 00:32.22 32,22	
6. Marcha Admiraal (De Geul, 199300012)	<b>01:11.19(+75)</b>
50m 00:32.21 32,21	
7. Lotte Middelbos (z.c De Schotegil, 199900680)	<b>01:11.28(+78)</b>
50m 00:34.19 34,19	
8. Anouchka Bos (Niemo Barracuda, 200501528)	<b>01:11.46(+77)</b>
50m 00:35.61 35,61	

9. Mariska Scheel (Acz, 199306344) 50m 00:32.06 32,06	01:13.73(+78)
10. Aisha Nobels (z.c De Schotejil, 200501710) 50m 00:33.90 33,90	01:14.20(+68)
11. Lisa van Milt (ZZ&PC De Devel, 199201228) 50m 00:35.06 35,06	01:14.65
12. Noa de Bock (De Duck, 200300318) 50m 00:35.78 35,78	01:14.86(+72)
13. Laura Tromp (ZZ&PC De Devel, 200000276) 50m 00:34.04 34,04	01:16.18(+75)
14. Kelly de Jonge (Poseidon'56, 199701210) 50m 00:34.82 34,82	01:16.59
15. Jennifer Blenk (ZV Vlaardingen-Schiedam, 200903172) 50m 00:37.24 37,24	01:18.24(+78)
16. Daphne van Tilburg (De Geul, 200500580) 50m 00:35.90 35,90	01:18.26(+79)
17. Esmee Wijnmaalen (De Geul, 200100298) 50m 00:35.59 35,59	01:18.45(+79)
18. Katinka van Dongen (ZZ&PC De Devel, 197700190) 50m 00:36.63 36,63	01:18.60(+75)
19. Kelly Wigleven (Poseidon'56, 199500058) 50m 00:36.63 36,63	01:18.87(+80)
20. Geraldine Trainor (De Duck, 197500544) 50m 00:36.62 36,62	01:19.33(+78)
21. Tonia Ruybroek (Poseidon'56, 198101290) 50m 00:36.93 36,93	01:19.52(+96)
22. Hanna van Loenen (ZV Vlaardingen-Schiedam, 200800836) 50m 00:36.98 36,98	01:20.57(+76)
23. Kirsten Erkamp (Acz, 200402306) 50m 00:38.57 38,57	01:21.25(+83)
24. Judith Kleinjan (De Duck, 199802710) 50m 00:39.56 39,56	01:28.72(+84)

## 20. 100m vlinderslag - Heren

vanaf 11 jaar (Senioren Open)

1. Jeroen Baars (Niemo Barracuda, 199200031) 50m 00:25.97 25,97	00:56.74(+73)
2. Mike Hoek (De Duck, 199702229) 50m 00:26.46 26,46	00:57.68(+69)
3. Gerard Willighagen (Poseidon'56, 200103663) 50m 00:27.09 27,09	00:58.48(+69)
4. Jesper Oranje (De Duck, 199200997) 50m 00:26.19 26,19	00:58.72(+70)
5. Menno Wieringa (Acz, 200500927) 50m 00:27.04 27,04	00:59.39(+71)
6. Erik van Gemert (Poseidon'56, 200300587) 50m 00:27.93 27,93	01:00.45(+64)
7. Laurens Kalle (z.c De Schotejil, 200600161) 50m 00:28.74 28,74	01:00.97
8. Bas Blanker (Acz, 200601497) 50m 00:28.74 28,74	01:01.07(+71)



9. Jasper Groen (Acz, 200602325) 50m 00:28.26 28,26	<b>01:01.33(+67)</b>
10. Ryan van den Ouden (Poseidon'56, 199900377) 50m 00:27.82 27,82	<b>01:01.50(+80)</b>
11. Xander Vis (z.c De Schotejil, 200300173) 50m 00:28.82 28,82	<b>01:02.88</b>
12. Nathan Janssen (De Geul, 200401565) 50m 00:29.79 29,79	<b>01:03.49(+68)</b>
13. Jacob Mackloet (z.c De Schotejil, 200001171) 50m 00:28.79 28,79	<b>01:03.60(+73)</b>
14. Benjamin van Helsdingen (ZZ&PC De Devel, 200601097) 50m 00:29.66 29,66	<b>01:03.76(+69)</b>
15. Sven Markkus Eschbach (ZZ&PC De Devel, 200602013) 50m 00:29.47 29,47	<b>01:05.36(+66)</b>
16. Mick van den Houten (De Duck, 200302211) 50m 00:29.39 29,39	<b>01:05.46(+74)</b>
17. Eli Shields (Niemo Barracuda, 201000407) 50m 00:30.91 30,91	<b>01:05.74(+65)</b>
18. Esper Paans (ZZ&PC De Devel, 200100607) 50m 00:30.84 30,84	<b>01:07.75(+69)</b>
19. Mark Hensen (Niemo Barracuda, 197900497) 50m 00:30.50 30,50	<b>01:07.90(+79)</b>
20. Grzegorz Kasprzyk (ZV Vlaardingen-Schiedam, 198303163) 50m 00:31.76 31,76	<b>01:11.91(+75)</b>
21. Jaap Schoenmakers (ZV Vlaardingen-Schiedam, 200200619) 50m 00:31.47 31,47	<b>01:12.12(+70)</b>
22. Remco van der Graaf (De Geul, 198704007) 50m 00:36.01 36,01	<b>01:19.63(+80)</b>
BM. Sidique Turay (Niemo Barracuda, 200500981) 50m 00:29.76 29,76	<b>BM</b>
BM. David Kievit (z.c De Schotejil, 199900325) 50m 00:30.94 30,94	<b>BM</b>

## 21. 100m vlinderslag - Dames

11 - 17 jaar (Senioren 1 en jonger)

1. Tess Vonk (De Geul, 200900024) 50m 00:29.92 29,92	<b>01:06.02(+66)</b>
2. Meyke v. Nimwegen (z.c De Schotejil, 200800106) 50m 00:32.13 32,13	<b>01:09.59(+75)</b>
3. Mila Oomens (Niemo Barracuda, 200700016) 50m 00:32.93 32,93	<b>01:12.90(+74)</b>
4. Britte Lodder (ZZ&PC De Devel, 200702290) 50m 00:35.05 35,05	<b>01:14.23(+66)</b>
5. Marjolijn Offeringa (ZV Vlaardingen-Schiedam, 200701788) 50m 00:35.49 35,49	<b>01:18.28(+80)</b>
6. Julia van Wingerden (ZZ&PC De Devel, 200800436) 50m 00:36.49 36,49	<b>01:19.17</b>
7. Myrthe Kramer (De Duck, 200802056) 50m 00:36.64 36,64	<b>01:22.54(+76)</b>
8. Dominique Overduin (z.c De Schotejil, 200700172)	<b>01:22.62(+78)</b>

50m 00:36.51 36,51

9. Sanne Pruntel (ZV Vlaardingen-Schiedam, 200802010) **01:22.70(+84)**  
50m 00:37.01 37,01
10. Jaylin van der Linden (ZZ&PC De Devel, 200701766) **01:22.91(+74)**  
50m 00:38.13 38,13
11. Ilse Stout (Acz, 201001704) **01:23.08(+68)**  
50m 00:37.77 37,77
12. Daphne v.d. Slik (z.c De Schotejil, 200800554) **01:24.36**  
50m 00:35.90 35,90
13. Rosalie Moller (Niemo Barracuda, 200903292) **01:24.91(+93)**  
50m 00:39.49 39,49
14. Samantha van der Jagt (Poseidon'56, 200700220) **01:25.00(+83)**  
50m 00:39.09 39,09
15. Donna Verhoef (De Geul, 200701934) **01:25.17(+77)**  
50m 00:37.63 37,63
16. Merel Doest (ZV Vlaardingen-Schiedam, 201001142) **01:26.42(+66)**  
50m 00:37.73 37,73
17. Janneke Twigt (Acz, 200701040) **01:34.56(+82)**  
50m 00:42.33 42,33
18. Lizzy Batist (De Duck, 200804630) **01:35.76(+93)**  
50m 00:41.48 41,48
19. Damla Yilmaz (Poseidon'56, 201002230) **01:37.45**  
50m 00:43.79 43,79
20. Anne de Bruijn (Niemo Barracuda, 200801238) **01:38.53(+92)**  
50m 00:42.71 42,71
21. Yaren Kara (Acz, 200803998) **01:40.56(+82)**  
50m 00:43.75 43,75
22. Fenne Zevenhoven (De Duck, 200802530) **01:46.10(+87)**  
50m 00:44.80 44,80
- BM. Madelief Penning (ZZ&PC De Devel, 200701298) **BM**  
50m 00:38.81 38,81

## 22. 100m vlinderslag - Heren

11 - 17 jaar (Jeugd 2 en jonger)

1. Yarno van Dam (Acz, 200800115) **00:57.85(+69)**  
50m 00:26.87 26,87
2. Wanne van Geest (Acz, 200901425) **01:02.63(+76)**  
50m 00:28.46 28,46
3. Paul Ruitenbergh (De Geul, 200900979) **01:05.78**  
50m 00:30.15 30,15
4. Alex Woe (Poseidon'56, 200801393) **01:05.93(+65)**  
50m 00:29.42 29,42
5. Joëll van der Meiden (ZV Vlaardingen-Schiedam, 200903439) **01:06.70(+74)**  
50m 00:30.90 30,90
6. Daan Borst (Niemo Barracuda, 200801435) **01:08.52(+73)**  
50m 00:30.64 30,64
7. Joey Pop (ZV Vlaardingen-Schiedam, 200800277) **01:08.56(+81)**  
50m 00:30.66 30,66
8. Thijs Jonkman (De Duck, 201000481) **01:11.27(+82)**  
50m 00:33.65 33,65

9. Mitchell van Dijk (Niemo Barracuda, 200800577) 50m 00:33.82 33,82	01:12.94(+81)
10. Thijs Bijman (Niemo Barracuda, 200901111) 50m 00:34.24 34,24	01:13.33(+81)
11. Kris Westerhout (ZZ&PC De Devel, 201000883) 50m 00:35.09 35,09	01:13.56(+66)
12. Thom Veldhoen (ZZ&PC De Devel, 200901159) 50m 00:34.87 34,87	01:16.65(+73)
13. Sébastien Nell (De Geul, 200802225) 50m 00:35.99 35,99	01:18.66(+79)
14. Daniel Gospodinov (De Duck, 200803567) 50m 00:34.83 34,83	01:20.13(+85)
15. Mattias Raimond (De Geul, 200802641) 50m 00:38.03 38,03	01:25.92(+74)
16. Jochem Steenstra (Poseidon'56, 200701753) 50m 00:37.61 37,61	01:27.35(+76)
BM. Lars Barendrecht (Niemo Barracuda, 200800587) 50m 00:35.60 35,60	BM
BM. Tristan Peltenburg (Niemo Barracuda, 200700981) 50m 00:34.62 34,62	BM

### 23. 100m wisselslag - Dames

9 - 11 jaar (Minioren 4,5, Junioren 1)

1. Jazz Hollander (ZZ&PC De Devel, 201300528) 50m 00:38.89 38,89	01:22.87(+55)
2. Cato van Oosterhout (Acz, 201301970) 50m 00:39.52 39,52	01:27.72(+76)
3. Yara Abdullsada (ZZ&PC De Devel, 201300412) 50m 00:39.86 39,86	01:28.92
4. Emma-Sophie van Dissel (ZV Vlaardingen-Schiedam, 201401244) 50m 00:41.97 41,97	01:32.99
5. Noa Jade Boekhoudt (Niemo Barracuda, 201301026) 50m 00:44.15 44,15	01:33.02(+88)
6. Fleur Doest (ZV Vlaardingen-Schiedam, 201400142) 50m 00:45.60 45,60	01:33.77
7. Laura Jongejan (z.c De Schotejil, 201302408) 50m 00:44.16 44,16	01:34.94(+91)
8. Emiliia Stopkina (Acz, 201301554) 50m 00:44.99 44,99	01:35.86(+88)
9. Evy Kramer (De Duck, 201300598) 50m 00:45.06 45,06	01:36.55(+81)
10. Norah Groenendijk (Poseidon'56, 201401030) 50m 00:44.82 44,82	01:37.03
11. Fiene Buth (z.c De Schotejil, 201302142) 50m 00:45.24 45,24	01:37.58(+71)
12. Jade van de Vreede (ZZ&PC De Devel, 201301492) 50m 00:45.44 45,44	01:38.63(+54)
13. Meike Sijtsma (z.c De Schotejil, 201400150) 50m 00:47.64 47,64	01:41.34(+74)
14. Veerle Binneveld (De Duck, 201300516) 50m 00:45.65 45,65	01:41.95

15. Lenthe Stibbe (Niemo Barracuda, 201500226) 50m 00:48.24 48,24	<b>01:43.86(+59)</b>
16. Elize Ruitenbergh (De Geul, 201400040) 50m 00:47.06 47,06	<b>01:44.89(+75)</b>
17. Thirza Eefting (Poseidon'56, 201300284) 50m 00:50.31 50,31	<b>01:45.44(+77)</b>
18. Noor Kok (ZV Vlaardingen-Schiedam, 201401144) 50m 00:51.65 51,65	<b>01:48.07(+83)</b>
19. Tessa Trouwborst (De Duck, 201300864) 50m 00:52.23 52,23	<b>01:48.19(+88)</b>
20. Ilse Hensen (Niemo Barracuda, 201400490) 50m 00:49.93 49,93	<b>01:50.55</b>
21. Lindy Timmers (Poseidon'56, 201400582) 50m 00:59.76 59,76	<b>01:56.54(+79)</b>
22. Esmee Groven (De Geul, 201402072) 50m 01:10.32 70,32	<b>02:34.02</b>
BM. Karlijn Putters (ZV Vlaardingen-Schiedam, 201400440) 50m 01:00.30 60,30	<b>BM</b>
DIS. Jasmijn Benthem (Poseidon'56, 201401028)	<b>00:00.00</b>

#### **24. 100m wisselslag - Heren**

9 - 11 jaar (Minioren 4,5,6)

1. Isai Shields (Niemo Barracuda, 201300031) 50m 00:35.97 35,97	<b>01:17.02(+75)</b>
2. Sebas van Dam (Acz, 201300127) 50m 00:36.15 36,15	<b>01:18.95(+64)</b>
3. Thijs van Arkel (Acz, 201300539) 50m 00:40.17 40,17	<b>01:25.11(+79)</b>
4. Lucas de Jonge (Niemo Barracuda, 201400175) 50m 00:41.45 41,45	<b>01:26.22</b>
5. Daan van Merrienboer (ZV Vlaardingen-Schiedam, 201400069) 50m 00:40.79 40,79	<b>01:29.66</b>
6. Vince Oomens (Niemo Barracuda, 201400011) 50m 00:45.44 45,44	<b>01:34.79</b>
7. Gijs Salome (De Duck, 201400373) 50m 00:46.55 46,55	<b>01:35.17(+68)</b>
8. Natan Kasprzyk (ZV Vlaardingen-Schiedam, 201500663) 50m 00:46.01 46,01	<b>01:36.89(+81)</b>
9. Guus de Graaf (ZV Vlaardingen-Schiedam, 201500337) 50m 00:50.19 50,19	<b>01:40.86(+81)</b>
10. Jonathan Gäde (Poseidon'56, 201400357) 50m 00:50.78 50,78	<b>01:41.60</b>
11. Finn Cogels (Poseidon'56, 201400377) 50m 00:50.62 50,62	<b>01:42.64(+86)</b>
12. Jules Boerema (z.c De Schotejil, 201300249) 50m 00:50.42 50,42	<b>01:42.70</b>
13. Matthijs Benthem (Poseidon'56, 201400723) 50m 00:54.48 54,48	<b>01:51.01</b>
14. Daniël Jongejan (z.c De Schotejil, 201500267) 50m 01:00.06 60,06	<b>01:58.29</b>

15. Dries Groven (De Geul, 201302153)		<b>01:58.88</b>
50m 00:56.69	56,69	
16. Maks Lobunchenko (De Duck, 201302277)		<b>02:11.46(+79)</b>
50m 00:57.17	57,17	
DIS. Pascal van Omme (De Geul, 201401299)		<b>00:00.00</b>
BM. Quinn Walter (Niemo Barracuda, 201400295)		<b>BM</b>
50m 00:54.71	54,71	

## 25. 4x50m wisselslag dames

vanaf 11 jaar (Senioren Open)

1. Niemo Barracuda		<b>02:05.07</b>
Mila Oomens 2007 (+72)	50m 00:31.70	31,70
Anouchka Bos 2005 (+22)	100m 01:07.83	36,13
Denise Boereboom 1992 (+60)	150m 01:37.78	29,95
Amber Hesper 2002 (+61)	200m 02:05.07	27,29
2. z.c De Schotelij		<b>02:09.32</b>
Lyke Buscop 2005 (+71)	50m 00:32.63	32,63
Famke Franzen 2010 (+70)	100m 01:09.68	37,05
Meyke v. Nimwegen 2008 (+26)	150m 01:40.49	30,81
Aisha Nobels 2005 (+37)	200m 02:09.32	28,83
3. ZZ&PC De Devel		<b>02:12.37</b>
Britte Lodder 2007 (+71)	50m 00:32.97	32,97
Lisa van Milt 1992 (+34)	100m 01:10.27	37,30
Katinka van Dongen 1977 (+36)	150m 01:42.06	31,79
Madelief Penning 2007 (+19)	200m 02:12.37	30,31
4. Acz		<b>02:13.19</b>
Mariska Scheel 1993 (+83)	50m 00:32.31	32,31
Kirsten Erkamp 2004 (+55)	100m 01:11.29	38,98
Carmen Lems 2004 (+40)	150m 01:42.45	31,16
Laura Hoogenboezem 2005 (+65)	200m 02:13.19	30,74
5. ZV Vlaardingen-Schiedam		<b>02:13.89</b>
Karlijn Offeringa 2005 (+66)	50m 00:31.03	31,03
Jennifer Blenk 2009 (+55)	100m 01:09.46	38,43
Marjolijn Offeringa 2007 (+52)	150m 01:43.24	33,78
Hanna van Loenen 2008 (+25)	200m 02:13.89	30,65
6. De Geul		<b>02:16.84</b>
Esmee Wijnmaalen 2001 (+75)	50m 00:37.03	37,03
Daphne van Tilburg 2005 (+50)	100m 01:17.52	40,49
Tess Vonk 2009 (+61)	150m 01:47.82	30,30
Faustine Mussig 2002 (+28)	200m 02:16.84	29,02
7. Poseidon'56		<b>02:18.46</b>
Tonia Ruybroek 1981 (+70)	50m 00:35.90	35,90
Kelly Wigleven 1995 (+66)	100m 01:16.58	40,68
Rianne Bresser 1999 (+41)	150m 01:49.76	33,18
Kelly de Jonge 1997 (+41)	200m 02:18.46	28,70
8. De Duck		<b>02:19.24</b>
Marcella van der Ent 1996 (+69)	50m 00:34.36	34,36
Rachel Trainor 1977 (+45)	100m 01:15.57	41,21
Noa de Bock 2003 (+46)	150m 01:48.19	32,62
Geraldine Trainor 1975 (+35)	200m 02:19.24	31,05

## 26. 4x50m vrije slag heren

vanaf 11 jaar (Senioren Open)

1. Poseidon'56		<b>01:38.86</b>
Ryan van den Ouden 1999 (+81)	50m 00:24.78	24,78
Jim Geestman 1983 (+30)	100m 00:50.48	25,70
Gerard Willighagen 2001 (+35)	150m 01:15.02	24,54
Erik van Gemert 2003 (+27)	200m 01:38.86	23,84

2. Acz				<b>01:39.23</b>
	Jasper Groen 2006 (+70)	50m	00:25.23 25,23	
	Bas Blanker 2006 (+41)	100m	00:50.38 25,15	
	Yarno van Dam 2008 (+36)	150m	01:14.92 24,54	
	Menno Wieringa 2005 (+42)	200m	01:39.23 24,31	
3. Niemo Barracuda				<b>01:39.30</b>
	Jeroen Baars 1992 (+70)	50m	00:23.30 23,30	
	Pascal van Haren 1987 (+25)	100m	00:48.46 25,16	
	Myron Artemenko 2010 (+50)	150m	01:14.37 25,91	
	Thijs Visser 2005 (+44)	200m	01:39.30 24,93	
4. De Duck				<b>01:39.49</b>
	Mike Hoek 1997 (+70)	50m	00:23.33 23,33	
	Jari Voogt 2000 (+29)	100m	00:47.57 24,24	
	Jesper Oranje 1992 (+53)	150m	01:12.35 24,78	
	Thijs Jonkman 2010 (+57)	200m	01:39.49 27,14	
5. z.c De Schotegil				<b>01:40.68</b>
	Xander Vis 2003 (+68)	50m	00:24.57 24,57	
	David Kievit 1999 (+18)	100m	00:51.10 26,53	
	Jacob Mackloet 2000 (+10)	150m	01:15.99 24,89	
	Laurens Kalle 2006 (+16)	200m	01:40.68 24,69	
6. ZZ&PC De Devel				<b>01:45.14</b>
	Sven Markkus Eschbach 2006 (+65)	50m	00:25.81 25,81	
	Benjamin van Helsdingen 2006 (+28)	100m	00:52.09 26,28	
	Thom Veldhoen 2009 (+26)	150m	01:19.51 27,42	
	Esper Paans 2001 (+29)	200m	01:45.14 25,63	
7. De Geul				<b>01:48.72</b>
	Remco van der Graaf 1987 (+76)	50m	00:29.01 29,01	
	Paul Ruitenbergh 2009 (+70)	100m	00:56.20 27,19	
	Nathan Janssen 2004 (+33)	150m	01:22.51 26,31	
	Ivan van Omme 1982 (+46)	200m	01:48.72 26,21	
8. ZV Vlaardingen-Schiedam				<b>01:49.05</b>
	Jaap Schoenmakers 2002 (+66)	50m	00:26.62 26,62	
	Grzegorz Kasprzyk 1983 (+36)	100m	00:55.16 28,54	
	Joey Pop 2008 (+48)	150m	01:21.49 26,33	
	Joëll van der Meiden 2009 (+42)	200m	01:49.05 27,56	